



A Continuation of the work of MAMA Project in Honduras.



Where God Leads, I will follow.

María Dolores and her husband live in San Antonio de Yure. She is a mother of seven, her eldest two have married and have families of their own. Their youngest five children still live at home. Her life in the community starts with her waking up every day at 4am and getting Dunia (14), Cindy (13), Arnold (10) and Sinia (7) ready for school. Only little Xenia, her 19-month-old, stays with her during a hard day of labor and chores, cooking and cleaning for everyone.

She visited the HNH brigade last year for medical consultation. At the Height and Weight station she was informed that her children were malnourished, especially her baby girl. She

felt sad and powerless, not knowing what to do to about it. As usual, Rosa talked to her about the Nutritional Center, encouraging her to come along. It wasn't until Rosa and Félix's fourth visit to her community that she finally made the decision to leave her home to help her children's health. She had already seen the results from a neighbor called Dinora, who spent some time with her four children at the Nutrition Center and are now healthy and happy.

When asked about her expectations of coming to the Center, she smiled and said that she didn't know where she was going or for how long but she had faith in God because He always moves us wherever He wants us to be.

Just by listening to her talk one can feel her gratitude and happiness. She thanks God for using HNH for bringing her to a place where she has received so much support and has seen her children recovering with her own eyes.

She is eager to go back home. She and her husband have been taking care of a black pepper farm for 15 years (the owner of the farm pays their service by allowing them to live there). Her dream is to buy a piece of land and have a house of their own. Wherever she goes she will take with her the education that was given to her by Marina and Suyapa to keep her children well-nourished and will never forget every effort that was made to help them when they needed it the most.



The time families spend at the Nutrition Center can also be an opportunity for respite and relaxation. Instead of fighting for survival, children can heal from their sicknesses and play with other children. Mothers gain a sense of community with the other mothers, as well as learn about healthy living for their families. Photo Credits: Kristen Kidd Photography



Shine So That Others Can See Him

I came to San Francisco de Yojoa in August 2012 for the first time and stayed for two weeks working as an interpreter. I was 17 years old and had never been away from my comfortable home in the city; it was scary but exciting. Little did I know that I was bound to fall in love with this place and this organization, which I am lucky to call my second home.

My time is split between working with the brigades and designing a Master Plan for the future growth of HNH (we already started in 2017 with the kitchen remodeling). It's thrilling to know that now we are looking ahead at a new construction and how many people are going to benefit by this. It is a dream that is coming true.



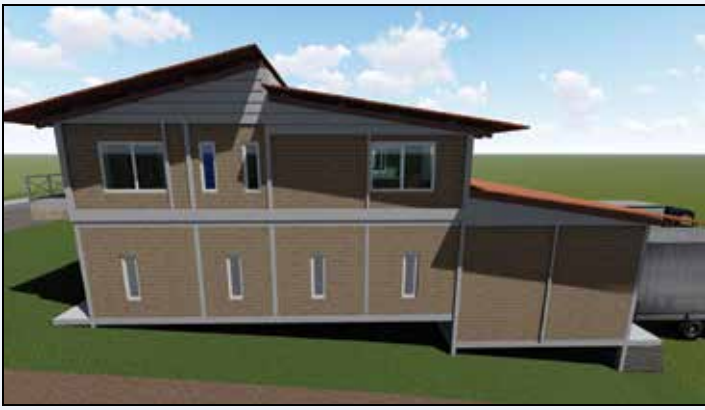
HNH is God's calling for me, is His way of working through my life so I can serve others and do it in His name. It's wonderful to share the gifts He has bestowed upon me – and there is nothing more fulfilling than seeing so many smiles and love in people's faces at the villages, people that have been forgotten by men but never by God.

**“Don't shine so that others can see you.
Shine, so that through you, others can see Him.” – CS Lewis**

Elena Romero lives in Tegucigalpa, Honduras with her parents. She is an Architect and has helped design the kitchen renovation as well as the new warehouse and office building. Elena also assists with translations for visiting mission teams and social media communications for HNH.



The community brigades bring necessary medical attention to poor, rural communities of Honduras. In addition, children found with malnutrition are invited to the Nutrition Center for care.



Transforming Communities

HNH is raising funds to be able to construct a new warehouse and office building that will help transform more communities of Honduras.

WHY is this needed?

Currently when donations are sent to Honduras, they are stored in small storage areas or in the large multi-purpose room that is designated for the children at the Nutrition Center.



In addition, HNH has the ability to receive more donations from other organizations throughout Honduras if we were able to store them efficiently.

WHO will benefit?

Staff work will be reduced as container or truck shipments can be brought right to the door of the warehouse.

The donations will be able to be stored efficiently. The new building is all above ground with adequate air circulation so moisture & mold can be prevented.

In turn, this will help many more poor, rural communities with much needed supplies!

With the new office space, the current office building will be used for a temperature-controlled space for the medicines and area for the physician. This will then free up more space for the teacher and community education programming.



The children and teacher will have their multi-purpose room back for their use. Children can practice fine motor skills and participate in classes so that they do not fall behind in school work while receiving treatment at the Nutrition Center.

JOIN US in making this possible!

This project will transform communities, helping us to provide more supplies to those in need as well as provide better care at the Nutrition Center. But we need your help to make it a reality!



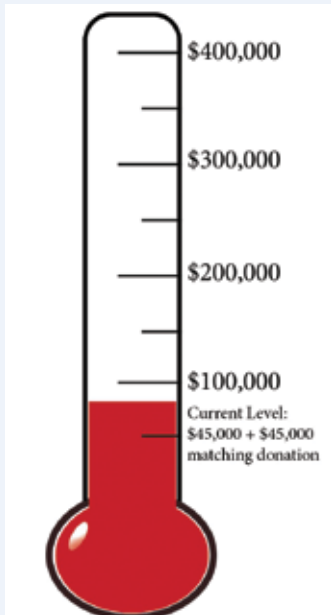
The building will be about 2900 square feet warehouse space and 1900 square feet office space. In addition, a small apartment will be included on this building for the Director. For the building plus an additional water harvesting project, we need to raise about \$400,000!

Through our Board Members and a few additional committed donors, we have raised almost \$45,000. We also have a matching gift donation up to \$200,000! This means that your donation will be doubled! Will you help us reach our goal in providing better space for our employees and families whom we serve?

THANK YOU for your DONATION TODAY!

Donations can be made online at www.healthyninos.org - Click on the Warehouse button.

They can also be sent via check to: Healthy Niños Honduras, PO Box 53, East Greenville, PA 18041. Write "warehouse" on the memo line of your check.



Thank YOU for Bringing Clean Water to Many Families in Honduras!



Because of many donations over the last few months, we have been able to distribute hundreds of water filters to families throughout the Honduras countryside.

WHY is this important?

Access to water is limited. Access to clean water is even more limited. Every 21 seconds a child dies of water-related disease around the world.

The majority of people living in the poor, rural communities of Honduras are living with intestinal parasites due to the water they are consuming. We need to help each person have access to clean water!

WHAT are we providing?

A bucket system with a water filter. This filter can be used for 60 years through proper cleaning techniques shown, providing over a million gallons of clean, filtered water.

To verify that the water filters were effective, water testing was completed. An initial water test determined there were 9,000 bacterias in the sample. After using the water filtration system, only 32 bacterias were left. We knew that this filter would help many families!

Water Filtration Systems for ALL!

We provide a water filtration system for each family that receives a new concrete floor. In addition, every family that receives assistance at the Nutrition Center goes home with a water filter.



Join us at the 13th Annual Golf Outing!



June 5, 2020 at 7:30am
Butter Valley Golf Port
Bally, PA

More details on golf
brochure enclosed

Each system costs \$30, a small cost for a big change in a family's life!

It provides a chance at decreasing water-borne diseases, including intestinal parasites, and increasing chances of surviving and thriving for every person!

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www.HealthyNinos.org